Lisa Smith Batchen Bio

**Lisa Smith-Batchen, 55,** is one of the most renowned [ultramarathon](https://en.wikipedia.org/wiki/Ultramarathon) runners and [Ironman](https://en.wikipedia.org/wiki/Ironman_Triathlon) competitors in the world. She is the first American female to have won the Marathon des Sables “Marathon of the Sands”, a six day 251 km (156 miles) ultramarathon through the Sahara Desert. It is considered one of the toughest foot races on Earth.

She has competed in over 40 ultramarathons, 90 marathons, and is a 5 time Hawaiian Ironman finisher. Her accomplishments as an endurance runner and ironman athlete have made her one of the most respected athletes in the world.

Smith-Batchen has been featured in cover stories in *The NY Times*, *The LA Times*, *The Washington Post*, *Runner’s World,* *Winning Magazine*. She has been featured in *Sports Illustrated for Women*, *ESPN Magazine*, *Outside*, *Ultra Runner*, *Trailrunner*, *Running* *Times, Endurance Racing Magazine* and numerous other national and international publications. She also appears in a film about the Badwater Ultramarathon, entitled *Running Under the Sun*.

Born on September 16, 1960 in Vicksburg, Mississippi, Lisa began her sports career at an early age. After her family moved to Deerfield, Illinois when she was 5 years old, she was introduced to a variety of sports, from hockey to ballet. In high school, Lisa tried out for the cross country team but was told by the coach she was too slow. At this point, Lisa began diving competitively. She graduated from the University of Wisconsin OshKosh with a degree in Education, Health and Nutrition.

Lisa married Jay Batchen in February 2001. Soon after Lisa and Jay moved from NJ to Teton Valley, Idaho, where they began their own family. Annabella, was adopted in 2003 and Gabriella, was welcomed into the Batchen family in 2005. Smith-Batchen currently resides in Jackson Hole, Wyoming where she operates Dreamchasers Outdoor Adventures with Jay. Since 1999, Lisa has raised over $2 Million for various charities and in 2008 established the Dreamchaser Foundation, a non-profit organization that donates to charities throughout the world. She strives to make a difference by helping women and children throughout the world, especially in developing countries, by funding water wells, AIDS treatment centers, schools and providing other necessities that these areas so desperately need. Smith-Batchen works as an on-line running coach, fitness instructor, motivational speaker and massage therapist.

**List of Lisa Smith Batchen’s accomplishments:**

• 2015 Brazil 135 mile ultramarathon

• 2015 Keys 50 milers

• 2014 Big Cedar 50 miler

• 2014 Badwater Quad 584 miles – first woman to complete this endeavor

• 2013 Rock the Ridge 50 mile

• 2012 Inducted into the Badwater Ultramarathon Hall of Fame

• 2011 Badwater 135 mile ultramarathon

• 2010 50 miles in all 50 states in 62 days - first and only person to ever complete this ([www.runhope.com](http://www.runhope.com/))

• Competed in 10 Badwater Ultramarathons (Death Valley to Mt. Whitney, CA): Was the 1st woman twice - 1997 (3rd overall) & 1998 (4th overall).

• 2 Marathon des Sables Ultramarathons (Moroccan Sahara): 1999 First American female to win the event

• 2008 Rocky Racoon 50 Mile: 10:16

• 2008 Florida Keys 50 Mile: 9 hours

• 2008 306 Miles: 1st person to ever run from Las Vegas to Mt. Whitney. Raised $590,000 for AIDS Orphans Rising.

• 2008 Badwater 135 Mile Ultramarathon for the 9th time

• 2008 Ironman AZ • 2007 Desert Springs 50 mile: 14th Female. 12:08:39

• 2007 Ironman AZ: 12:54:30.

• 2006 Badwater double

• 2006 Grasslands 50 mile: 1st Female. 8:40:30.

• 2005 Bishop 50k: 2nd Female. 6:04:25.

• 2004 Squaw Peak 50: 12:46.

• 2003 Grand Slam of Ultrarunning Finisher: 1st Female; 7th Overall.

• 2003 Wasatch Front 100 Mile Endurance Run: 4th Female. 30:39:43.

• 2003 Western States 100: 19th Female; 133rd Overall. 26:30:54.

• 2003 Vermont 100: 23rd Female; 144th Overall. 24:15:15.

• 2003 Squaw Peak 50: Won the husband and wife award. 11:17.

• 2002 Old Dominion Memorial (VA): 1st Female; 4th Overall. PR: 20:34:30.

• 2002 Leadville Trail 100. 10th Female; 74th Overall. 26:56:58.

• 2002 Umstead 50 (NC): 1st Female.

• 2002 HURT 100k: 34:53:00.

• 2001 JFK 50: 10th Female; 128th Overall. 8:52:27

• 2000 GNC National Championship (Pittsburgh, PA) 100k, 1st Team; 1st 30-39; 7th Female. PR: 9:50

• 1999 Team USA World 100K Championship (France).

• 1998 Long Island 50 Mile Endurance Run: 1st Female; 2nd Overall. 6:42

• 1997 Himalayan 100 Mile Stage Race (India): 2nd Female. 18:50:03

• 2 Vermont 100s: PR: 1997. 2nd Female; 12th Overall. 18:26

• 1997 Old Dominion Endurance Run (VA): 2nd Female; 8th Overall. 19:07:52

• 5 Hawaiian Ironman Championships: PR: 10:33:27

• World Duathlon Championship

• 3 Eco-Challenge Multi-Sport Adventure Races

• 2 Raid Galoises Multi-Sport Adventure Races

• 2 ESPN X-Games Multi-Sport Adventure Races

• 1 Four Winds Multi-Sport Adventure Race

• 40+ Ultramarathons (50 miles or more) - Including: Western States 100, Leadville Trail 100, Wasatch 100, Vermont 100, HURT 100K, Rocky Raccoon 100, Squaw Peak 50.

• 100 Mile PR: 18:26 / 50 Mile PR: 6:42

• Over 90 Marathons PR: 2:48:52. Half marathon PR: 1:23. 10k PR: 36:01.

Just a few of the Articles written about Lisa Smith Batchen:

<http://www.runnersworld.com/races/runner-completes-incredible-584-mile-quad-badwater>

<http://www.latimes.com/health/la-he-long-run-20140726-story.html>

http://enduranceracingmagazine.com/lisa-smith-batchen-on-running/

http://www.therunnerstrip.com/2011/03/lisa-smith-batchen/